

# 22ND SENIOR, 17TH JUNIOR & SUB JUNIOR NATIONAL PARA POWERLIFTING CHAMPIONSHIP 2024-25

AMITY UNIVERSITY, GREATER NOIDA, UP

16TH TO 18TH MARCH 2025

Class : 49 Kg MALE

RESULT

Date : .....

| Sr. No.    | Competitor's Name     | Body Weight Kg. | STATE             | BENCH PRESS |       |      |     | PLACE  | CATEGORY   |
|------------|-----------------------|-----------------|-------------------|-------------|-------|------|-----|--------|------------|
|            |                       |                 |                   | 1           | 2     | 3    | MAX |        |            |
| SENIOR     |                       |                 |                   |             |       |      |     |        |            |
| 1          | Parmjeet Kumar        | 48.74           | Punjab            | 158         | 162 X | N.T  | 158 | First  | Senior     |
| 2          | Shiv Prakash Yadav    | 48.9            | Uttar Pradesh     | 135         | 142   | 150  | 150 | Second | Senior     |
| 3          | Mayabhai Lomabhai     | 48              | Gujarat           | 110         | 115   | 120  | 120 | Third  | Senior     |
| 4          | Chetan                | 46.3            | Uttar Pradesh     | 80          | 90 X  | 90   | 90  |        | Senior     |
| 5          | Vikash                | 45.45           | Delhi             | 62          | 70    | 75 X | 70  |        | Senior     |
| 6          | Shivappa Basappa      | 46.56           | Karnatak          | 50 X        | 50    | 55 X | 50  |        | Senior     |
|            | Sanjay                | 48.3            | Uttar Pradesh     | 75 X        | 80 X  | 80 X | NM  |        | Senior     |
|            | Ram Sagar             | 46.92           | Jharkhand         | 80 X        | 85 X  | 90 X | NM  |        | Senior     |
| JUNIOR     |                       |                 |                   |             |       |      |     |        |            |
| 1          | Kirpa Ram             | 48.4            | Rajasthan         | 83          | 87 X  | 90 X | 83  | First  | Junior     |
| 2          | Pawan Kahar           | 48.16           | Rajasthan         | 75          | 80    | 85 X | 80  | Second | Junior     |
| 3          | Abu Tahir             | 40.88           | Tamil Nadu        | 60          | 71    | 78   | 78  | First  | Junior     |
| 4          | Thakur Yuvraj         | 47.38           | Gujarat           | 65          | 71    | 75   | 75  | Second | Junior     |
| 5          | Shiva Teotia          | 47.5            | Uttar Pradesh     | 52          | 55    | 60 X | 55  | Third  | Junior     |
| 6          | Malak Gulam           | 42.28           | Gujarat           | 44          | 48    | 53 X | 48  |        | Junior     |
| 7          | Kamal Bhasha Musthafa | 31.62           | Tamil Nadu        | 45          | 55 X  | 59 X | 45  |        | Junior     |
| SUB JUNIOR |                       |                 |                   |             |       |      |     |        |            |
| 1          | Buchiya Viram         | 46.7            | Gujarat           | 38          | 40    | 45   | 45  | First  | Sub Junior |
| 2          | Talpada Pintu         | 42.78           | Gujarat           | 35          | 40    | 42 X | 40  | Second | Sub Junior |
| 3          | Parmar Dilip Bhai     | 30.7            | Gujarat           | 35          | 38    | 41 X | 38  | Third  | Sub Junior |
|            | Labung Bala           | 47              | Arunachal Pradesh | 55 X        | 55 X  | 60 X | NM  |        | Sub Junior |

**Class : 54 Kg MALE**

## RESULT

Date : .....

[illegible]

**Class : 59 Kg MALE**

## RESULT

Date : .....

[illegible]

**Class : 65 Kg MALE** **RESULT** Date : .....

## RESULT

Date : .....

[illegible]

**Class : 72 Kg MALE****RESULT**

Date : .....

| Sr. No.    | Competitor's Name     | Body Weight Kg. | STATE             | BENCH PRESS |       |       |       | PLACE  | CATEGORY   |
|------------|-----------------------|-----------------|-------------------|-------------|-------|-------|-------|--------|------------|
|            |                       |                 |                   | 1           | 2     | 3     | MAX   |        |            |
| SENIOR     |                       |                 |                   |             |       |       |       |        |            |
| 1          | Jhandu Kumar          | 70.56           | Bihar             | 195         | 202   | 205   | 205   | First  | Senior     |
| 2          | Ramubhai              | 72              | Gujarat           | 156         | 161   | 163   | 163   | Second | Senior     |
| 3          | Vikram Singh          | 71.96           | Maharastra        | 152         | 159   | 162   | 162   | Third  | Senior     |
| 4          | Kuldeep Singh         | 66.44           | Punjab            | 156         | 161 X | 162 X | 156   |        | Senior     |
| 5          | Sachin Chaudhary      | 67.7            | Uttar Pradesh     | 134         | 136 X | 136 X | 134   |        | Senior     |
| 6          | Bani Singh            | 69.78           | Haryana           | 128         | 136 X | 138 X | 128   |        | Senior     |
| 7          | Gyana Ranjansahoo     | 71.2            | Oddisa            | 120 X       | 122   | 127   | 127   |        | Senior     |
| 8          | Manoj Kumar           | 67.2            | Delhi             | 120 X       | 122   | 125 X | 122   |        | Senior     |
| 9          | Tarh Rade             | 72              | Arunachal Pradesh | 120         | 125 X | 125 X | 120   |        | Senior     |
| 10         | Pravin Subhash        | 67.6            | Maharastra        | 115         |       |       | 115   |        | Senior     |
| 11         | Jitendra Kr           | 66.62           | Bihar             | 105         | 108   | 112.5 | 112.5 |        | Senior     |
| 12         | Jahir Khan            | 67.8            | Maharastra        | 105         | 112   | 117 X | 112   |        | Senior     |
| 13         | Visuvasam Jeganathan  | 67.3            | Tamil Nadu        | 105         | 112   | 117 X | 112   |        | Senior     |
| 14         | Krishna Kumar         | 70.82           | Delhi             | 105 X       | 105 X | 110   | 110   |        | Senior     |
| 15         | Bhuvan R              | 67.46           | Karnataka         | 100         | 110 X | 112 X | 100   |        | Senior     |
| 16         | Vasim Bhai Sattarbhai | 69.3            | Gujarat           | 100         | 102 X | 102 X | 100   |        | Senior     |
| 17         | Sohanbeer Singh       | 66.3            | Delhi             | 95 X        | 95 X  | 95    | 95    |        | Senior     |
| 18         | Syedabduthahir B      | 71.6            | Tamil Nadu        | 85          | 95 X  | 95 X  | 85    |        | Senior     |
| JUNIOR     |                       |                 |                   |             |       |       |       |        |            |
| 1          | Gaurav Gurjar         | 71.72           | Rajasthan         | 110 X       | 110   | 115 X | 110   | First  | Junior     |
|            | Rao Suhail            | 70.3            | Uttar Pradesh     | 120 X       | 120 X | 120 X | NM    |        | Junior     |
| SUB JUNIOR |                       |                 |                   |             |       |       |       |        |            |
| 1          | Manova K              | 68.82           | Tamil Nadu        | 30          | 35    | 40    | 40    | First  | Sub Junior |

**Class : 80 Kg MALE**

## RESULT

Date : .....

[illegible]

**Class : 88 Kg MALE**

## RESULT

Date : .....

[illegible]

[illegible][illegible]

**Class : 107+ Kg MALE**

## RESULT

Date : .....

[illegible]

**Class : 41 Kg FEMALE****RESULT**

Date : .....

| Sr. No.    | Competitor's Name     | Body Weight Kg. | STATE      | BENCH PRESS |      |      |     | PLACE  | CATEGORY   |
|------------|-----------------------|-----------------|------------|-------------|------|------|-----|--------|------------|
|            |                       |                 |            | 1           | 2    | 3    | MAX |        |            |
| SENIOR     |                       |                 |            |             |      |      |     |        |            |
| 1          | Rabari Nayana         | 37.74           | Gujarat    | 48          | 50   | 51   | 51  | First  | Senior     |
| 2          | Shukla Satappa Bidkar | 40.5            | Maharastra | 49          | 50 X | 50 X | 49  | Second | Senior     |
| SUB JUNIOR |                       |                 |            |             |      |      |     |        |            |
| 1          | Khushbu               | 40.1            | Haryana    | 35          | 38 X | 38 X | 35  | First  | Sub Junior |
|            |                       |                 |            |             |      |      |     |        |            |

**Class : 45 Kg FEMALE****RESULT**

Date : .....

| Sr. No. | Competitor's Name   | Body Weight Kg. | STATE         | BENCH PRESS |      |       |     | PLACE  | CATEGORY |
|---------|---------------------|-----------------|---------------|-------------|------|-------|-----|--------|----------|
|         |                     |                 |               | 1           | 2    | 3     | MAX |        |          |
| SENIOR  |                     |                 |               |             |      |       |     |        |          |
| 1       | Jaspreet Kaur       | 44.6            | Punjab        | 97          | 100  | 102 X | 100 | First  | Senior   |
| 2       | Sonam Dhondiram Pal | 43.8            | Maharastra    | 53          | 56   | 58    | 58  | Second | Senior   |
| 3       | Sapna Shah          | 42.5            | Gujarat       | 49          | 52 X | 54    | 54  | Third  | Senior   |
| 4       | Shanu Patodiya      | 41.92           | Rajasthan     | 43          | 52   | 56 X  | 52  |        | Senior   |
| 5       | Sayra               | 43.3            | Uttar Pradesh | 47          | 49   | 50    | 50  |        | Senior   |
| 6       | Kavipriya Raja      | 43.95           | Tamil Nadu    | 50 X        | 50 X | 50    | 50  |        | Senior   |
|         | Rooma Devi          | 41.85           | Uttrakhand    | 38 X        | 38 X | 38 X  | NM  |        | Senior   |
|         |                     |                 |               |             |      |       |     |        |          |

**Class : 50 Kg FEMALE****RESULT**

Date : .....

| Sr. No. | Competitor's Name         | Body Weight Kg. | STATE       | BENCH PRESS |      |      |     | PLACE  | CATEGORY |
|---------|---------------------------|-----------------|-------------|-------------|------|------|-----|--------|----------|
|         |                           |                 |             | 1           | 2    | 3    | MAX |        |          |
| SENIOR  |                           |                 |             |             |      |      |     |        |          |
| 1       | Pratima Krushnarao Bondey | 49.6            | Maharashtra | 83          | 86   | 88 X | 86  | First  | Senior   |
| 2       | Gomathi                   | 46.5            | Tamil Nadu  | 60          | 64 X | 64 X | 60  | Second | Senior   |
| 3       | Sabitri Behera            | 48.8            | Oddisa      | 35          | 40 X | 40   | 40  | Third  | Senior   |

**Class : 55 Kg FEMALE****RESULT**

Date : .....

| Sr. No. | Competitor's Name             | Body Weight Kg. | STATE      | BENCH PRESS |      |    |     | PLACE  | CATEGORY |
|---------|-------------------------------|-----------------|------------|-------------|------|----|-----|--------|----------|
|         |                               |                 |            | 1           | 2    | 3  | MAX |        |          |
| SENIOR  |                               |                 |            |             |      |    |     |        |          |
| 1       | Suman Devi                    | 53.5            | Haryana    | 92          | 92 X | 92 | 92  | First  | Senior   |
| 2       | J.Jasmine Michlin Amalorpavam | 51.75           | Tamil Nadu | 60          | 65   | 68 | 68  | Second | Senior   |
| 3       | Bharti Agarwal                | 50.1            | Uttrakhand | 45 X        | 55 X | 55 | 55  | Third  | Senior   |
|         |                               |                 |            |             |      |    |     |        |          |

**Class : 61 Kg FEMALE****RESULT**

Date : .....

| Sr. No. | Competitor's Name         | Body Weight Kg. | STATE         | BENCH PRESS |      |      |     | PLACE  | CATEGORY |
|---------|---------------------------|-----------------|---------------|-------------|------|------|-----|--------|----------|
|         |                           |                 |               | 1           | 2    | 3    | MAX |        |          |
| SENIOR  |                           |                 |               |             |      |      |     |        |          |
| 1       | Seema Rani                | 59              | Punjab        | 93          | 95   | 98 X | 95  | First  | Senior   |
| 2       | Zainab Khatun             | 60.9            | Uttar Pradesh | 88          | 94   | 97 X | 94  | Second | Senior   |
| 3       | Nathiya M                 | 60.15           | Tamil Nadu    | 75          | 80   | 86 X | 80  | Third  | Senior   |
| 4       | Lathika PV                | 58              | Kerala        | 65          | 67   | 72 X | 67  |        | Senior   |
| 5       | Gohil Parulbai Rajranithi | 56.4            | Gujarat       | 66          | 70 X | 70 X | 66  |        | Senior   |
| 6       | Sangeeta                  | 58              | Delhi         | 52          | 56   | 60   | 60  |        | Senior   |
|         |                           |                 |               |             |      |      |     |        |          |

**Class : 67 Kg FEMALE****RESULT**

Date : .....

| Sr. No. | Competitor's Name | Body Weight Kg. | STATE          | BENCH PRESS |      |      |     | PLACE  | CATEGORY |
|---------|-------------------|-----------------|----------------|-------------|------|------|-----|--------|----------|
|         |                   |                 |                | 1           | 2    | 3    | MAX |        |          |
| SENIOR  |                   |                 |                |             |      |      |     |        |          |
| 1       | Kasthuri Rajamani | 66.3            | Tamil Nadu     | 80          | 88   | 94 X | 88  | First  | Senior   |
| 2       | Megha Pandey      | 66.3            | Madhya Pradesh | 72          | 76   | 80 X | 76  | Second | Senior   |
| 3       | JP Akila          | 62              | Tamil Nadu     | 60          | 64 X | 64 X | 60  | Third  | Senior   |
| 4       |                   | 62.8            | Gujarat        | 30          | 35   | 39   | 39  |        |          |

| JUNIOR |       |      |         |    |    |      |    |       |        |
|--------|-------|------|---------|----|----|------|----|-------|--------|
| 1      | Payal | 61.7 | Haryana | 35 | 40 | 42 X | 40 | First | Junior |

### Class : 73 Kg FEMALE

#### RESULT

Date : .....

| Sr. No. | Competitor's Name       | Body Weight Kg. | STATE     | BENCH PRESS |      |      |     | PLACE  | CATEGORY |
|---------|-------------------------|-----------------|-----------|-------------|------|------|-----|--------|----------|
|         |                         |                 |           | 1           | 2    | 3    | MAX |        |          |
| SENIOR  |                         |                 |           |             |      |      |     |        |          |
| 1       | Mogal Reshma            | 72.1            | Gujarat   | 70          | 76 X | 78   | 78  | First  | Senior   |
| 2       | Patel Ashaben Varvabhai | 67.15           | Gujarat   | 60          | 65 X | 68   | 68  | Second | Senior   |
| 3       | Maya                    | 68              | Rajasthan | 60          | 65 X | 65   | 65  | Third  | Senior   |
| 4       | Pandya Meeta Salramdas  | 72.35           | Gujarat   | 62 X        | 65   | 70 X | 65  |        | Senior   |
|         | Saymandeep              | 70.85           | Punjab    | 62 X        | 62 X | 62 X | NM  |        | Senior   |
|         |                         |                 |           |             |      |      |     |        |          |

### Class : 79 Kg FEMALE

#### RESULT

Date : .....

| Sr. No. | Competitor's Name | Body Weight Kg. | STATE      | BENCH PRESS |    |      |     | PLACE  | CATEGORY |
|---------|-------------------|-----------------|------------|-------------|----|------|-----|--------|----------|
|         |                   |                 |            | 1           | 2  | 3    | MAX |        |          |
| SENIOR  |                   |                 |            |             |    |      |     |        |          |
| 1       | Sahista           | 79              | Delhi      | 76          | 80 | 84 X | 80  | First  | Senior   |
| 2       | Gitika Sharma     | 75              | Uttrakhand | 62          | 64 | 65   | 65  | Second | Senior   |
| 3       | Sunita Dhobi      | 73.8            | Rajasthan  | 55          | 60 | 62   | 62  | Third  | Senior   |
|         |                   |                 |            |             |    |      |     |        |          |

### Class : 86 Kg FEMALE

#### RESULT

Date : .....

| Sr. No. | Competitor's Name | Body Weight Kg. | STATE      | BENCH PRESS |    |      |     | PLACE  | CATEGORY |
|---------|-------------------|-----------------|------------|-------------|----|------|-----|--------|----------|
|         |                   |                 |            | 1           | 2  | 3    | MAX |        |          |
| SENIOR  |                   |                 |            |             |    |      |     |        |          |
| 1       | Arunmoli          | 85.15           | Tamil Nadu | 80          | 85 | 90 X | 85  | First  | Senior   |
| 2       | Samimben Vahora   | 82.5            | Gujarat    | 67          | 70 | 73   | 73  | Second | Senior   |

